

September

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

9/01

9/02

9/03

9/04

BREAKFAST:

Fruit & Juice
Morning Muffin
Milk

LUNCH:

Baked Chicken
w/mojo
Congri Rice
Roll
Steamed Broccoli
Fruit and Milk

BREAKFAST:

Fruit & Juice
Croissant w/ butter
Milk

LUNCH:

Picadillo
Brown Rice
Roasted Potatoes
Fruit and Milk

Themed Menu

BREAKFAST:

Fruit & Juice
Sliced Bread
Scrambled Egg and
Milk

LUNCH:

Meat Balls in
Marinara
Brown Rice
Peas and Carrots
Juice and Milk

BREAKFAST:

Fruit
Pancake w/ syrup
Milk

LUNCH:

Pizza
Mixed Green Salad w/
Dressing
Fruit and Milk

9/07

9/08

9/09

9/10

9/11

BREAKFAST:

Fruit & Juice
Cereal
Milk

LUNCH:

Chicken Nuggets w/
ketchup
Mashed Potatoes
Potato Fries
Bread Roll
Fruit and Milk

BREAKFAST:

Fruit & Juice
Morning Muffin
Milk

LUNCH:

Mac & Cheese
Mixed Green Salad w/
Dressing
Juice
Milk

BREAKFAST:

Fruit & Juice
Fritata
Sliced Bread & Milk

LUNCH:

Cilantro Lime Chicken
Veggie Rice
Black Beans
Fruit & Milk

Themed Menu

BREAKFAST:

Fruit
Croissant w/butter
Milk

LUNCH:

Grilled Chicken Strips
Soft Taco
Diced Tomatoes
Roasted Corn & Beans
Juice and Milk

BREAKFAST:

Fruit and Juice
Pancake w/ syrup
Milk

LUNCH:

Pizza
Steamed Carrots
Fruit and Milk

September

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9/14	9/15	9/16	9/17	9/18
BREAKFAST: Fruit & Juice Cereal Milk LUNCH: Empanadas Brown Rice Lentil Soup Fruit Milk	BREAKFAST: Fruit & Juice Bagel w/ cream cheese and Milk LUNCH: Arroz Con Pollo Criollo w/ Corn Plantains Bread Roll Fruit Milk	BREAKFAST: Fruit & Juice Morning Muffin Milk LUNCH: Chicken Tenders Yellow Rice w/corn Mixed Green Salad w/ Dressing Fruit and Milk	BREAKFAST: Fruit & Juice Pancake w/ syrup Milk LUNCH: Our Famous Meatballs Marinara Sun Bun Broccoli Juice and Milk	BREAKFAST: Fruit Scrambled Egg Sliced Bread Milk LUNCH: Pizza Steam Carrots Fruit and Milk
9/21	9/22	9/23	9/24	9/25
BREAKFAST: Fruit & Juice Cereal And Milk LUNCH: Chicken Sandwich w/ Sliced Bun Steam Carrots Juice and Milk	BREAKFAST: Fruit & Juice Cinnamon Bread w/ Butter Milk LUNCH: Special Turkey Taco Nacho Chips Taco Black Beans Lettuce Fruit and Milk	BREAKFAST: Fruit & Juice Pancake w/ syrup Milk LUNCH: Cuban Beefaroni Broccoli Garlic Bread Fruit Milk	BREAKFAST: Fruit & Juice Cheese Slice Sliced Bread w/ butter Milk LUNCH: Corn Dog Roasted Potato Fries Salad w/dressing Juice and Milk	BREAKFAST: Fruit Bread w/ Butter Egg Patty Milk LUNCH: Pizza Corn Fruit and Milk

September



MONDAY

9/28

BREAKFAST:

Fruit & Juice
Cereal
Milk

LUNCH:

Cheeseburger w/
ketchup
Hamburger Bun
Sliced Carrots
Juice and Milk

TUESDAY

BREAKFAST:

Fruit & Juice
Morning Muffin
Milk

LUNCH:

Baked Chicken
w/mojo
Congri Rice
Roll
Steamed Broccoli
Fruit and Milk

WEDNESDAY

9/29

BREAKFAST:

Fruit & Juice
Croissant w/ butter
Milk

LUNCH:

Beef Stew
Brown Rice
Broccoli
Fruit and Milk

Themed Menu

THURSDAY

9/30

FRIDAY

