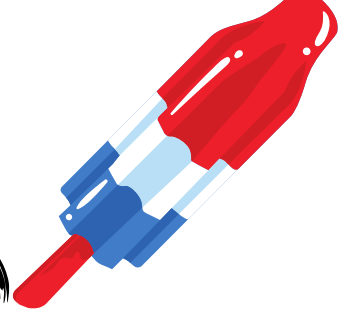


July



ALPHA CHARTER SCHOOL



Monday

Tuesday

Wednesday

Thursday

Friday

LUNCH:

01

Breaded Chicken
Bread Roll
Potato Wedges
Applesauce
Milk

LUNCH:

02

Meatballs in marinara
sauce
Spaghetti
California Blend
Fruit Cup
Milk

LUNCH:

03

Chicken Taco
Flour Tortilla
Refried Beans
California Blend
Fresh Fruit
Milk



LUNCH:

05

Burger Patty
Bun
Carrots
Juice
Milk

LUNCH:

08

Picadillo
Brown Rice
Fruit Cup
Broccoli
Steamed Carrots
Milk

LUNCH:

09

Macaroni & Cheese
Bread Roll
Fresh Orange
California Blend
Milk

LUNCH:

10

Arroz con Pollo
Red Beans
Corn
Juice
Milk

LUNCH:

11

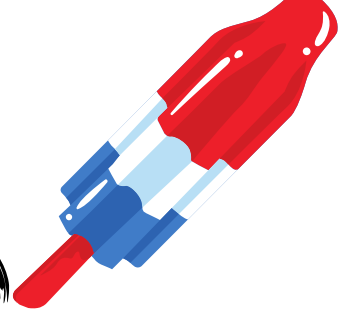
Chicken Nuggets w
ketchup
Bread Roll
Diced Potatoes
Applesauce
Milk

LUNCH:

12

Pizza
Corn
Fruit Cup
Milk

July



MASTER



Monday

15

LUNCH:
Breaded Chicken

Tuesday

16

LUNCH:
Breaded Chicken

Wednesday

17

LUNCH:
Breaded Chicken
Potato Wedges
Bread Roll
Applesauce
Milk

Thursday

18

LUNCH:
Breaded Chicken
Potato Wedges
Bread Roll
Applesauce
Milk

Friday

19

LUNCH:
Breaded Chicken
Potato Wedges
Bread Roll
Applesauce
Milk

22

LUNCH:
Breaded Chicken
Potato Wedges
Bread Roll
Applesauce
Milk

23

LUNCH:
Breaded Chicken
Potato Wedges
Bread Roll
Applesauce
Milk

24

LUNCH:
Breaded Chicken
Potato Wedges
Bread Roll
Applesauce
Milk

25

LUNCH:
Breaded Chicken
Potato Wedges
Bread Roll
Applesauce
Milk

26

LUNCH:
Breaded Chicken
Potato Wedges
Bread Roll
Applesauce
Milk