



Monday

**BREAKFAST:**  
Fruit & Juice  
Cereal  
Milk

**LUNCH:**  
Ropa Vieja e Pollo  
Flour Tortilla  
Refried Beans  
Corn  
Fruit  
Milk

2

**BREAKFAST:**  
Fruit & Juice  
Bagel w/ cream cheese  
and Milk

**LUNCH:**  
Arroz Con Pollo Criollo w/ Corn  
Plantains  
Fruit  
Milk

3

**BREAKFAST:**  
Fruit & Juice  
Biscuit w/ jelly  
Milk

**LUNCH:**  
Empanada  
Moro Rice  
Mixed Green Salad w/ Dressing  
Fruit and Milk

4

**BREAKFAST:**  
Fruit & Juice  
Pancake w/ syrup  
Milk

**LUNCH:**  
Our Famous Meatballs Marinara  
Sun Bun  
Broccoli  
Fruit and Milk

5

**BREAKFAST:**  
Fruit & Juice  
Scrambled Egg  
Sliced Bread  
Milk

**LUNCH:**  
Pizza  
Steam Carrots  
Fruit and Milk

6

**BREAKFAST:**  
Fruit & Juice  
Cereal And Milk

**LUNCH:**  
Chicken Parmesan Sandwich  
w/ Sliced Bun  
Steam Carrots  
Fruit and Milk

9

**BREAKFAST:**  
Fruit & Juice  
Cinnamon Bread w/ Butter  
Milk

**LUNCH:**  
Special Turkey Taco  
Nacho Chips  
Refried Beans  
Lettuce  
Fruit and Milk

10

**BREAKFAST:**  
Fruit & Juice  
Pancake w/ syrup  
Milk

**LUNCH:**  
Beefaroni  
Cold Broccoli w/ Dressing  
Garlic Bread  
Fruit and Milk

11

**BREAKFAST:**  
Fruit & Juice  
Cheese Slice  
English Muffin w/ butter  
Milk

**LUNCH:**  
Chicken Tender & Roll  
Salad w/dressing  
Steamed Baby Carrots  
Fruit and Milk

12

**BREAKFAST:**  
Fruit & Juice  
Bread w/ Butter  
Egg Patty  
Milk

**LUNCH:**  
Pizza  
Corn  
Fruit and Milk

13



# February

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Monday	Tuesday	Wednesday	Thursday	Friday
 <p><b>16</b></p> <p><b>PRESIDENTS DAY</b></p>	<p><b>17</b></p> <p><b>BREAKFAST:</b> Fruit &amp; Juice English Muffin w/ butter Milk</p> <p><b>LUNCH:</b> Cheeseburger w/ ketchup Hamburger Bun Sliced Carrots Fruit and Milk</p>	<p><b>18</b></p> <p><b>BREAKFAST:</b> Fruit &amp; Juice Waffle w/ syrup Milk</p> <p><b>LUNCH:</b> Lasagna in Bolognese sauce Broccoli Corn Garlic Bread Fruit and Milk</p>	<p><b>19</b></p> <p><b>BREAKFAST:</b> Fruit &amp; Juice Sliced Bread Scrambled Egg and Milk</p> <p><b>LUNCH:</b> Meat Balls in Marinara Brown Rice Peas and Carrots Fruit and Milk</p>	<p><b>20</b></p> <p><b>BREAKFAST:</b> Fruit &amp; Juice Pancake w/ syrup Milk</p> <p><b>LUNCH:</b> Pizza Mixed Green Salad w/ Dressing Fruit and Milk</p>
<p><b>23</b></p> <p><b>BREAKFAST:</b> Fruit &amp; Juice Cereal Milk</p> <p><b>LUNCH:</b> Chicken Nuggets w/ ketchup Brown Rice Steamed Carrots Fruit and Milk</p>	<p><b>24</b></p> <p><b>BREAKFAST:</b> Fruit &amp; Juice Biscuit w/butter &amp; jelly Milk</p> <p><b>LUNCH:</b> Mac &amp; Cheese Mixed Green Salad w/ Dressing Fruit Milk</p>	<p><b>25</b></p> <p><b>BREAKFAST:</b> Fruit &amp; Juice Fritata Sliced Bread Milk</p> <p><b>LUNCH:</b> Baked Lemon Butter Fish Brown Rice Split Pea Steamed Carrots Fruit &amp; Milk</p>	<p><b>26</b></p> <p><b>BREAKFAST:</b> Fruit &amp; Juice Waffle w/ syrup Milk</p> <p><b>LUNCH:</b> Grilled Chicken Strips Soft Taco Refried Beans Roasted Vegetables Fruit and Milk</p>	<p><b>27</b></p> <p><b>BREAKFAST:</b> Fruit and Juice Pancake w/ syrup Milk</p> <p><b>LUNCH:</b> Pizza Corn Fruit and Milk</p>

