

Monday

Tuesday

Wednesday

Thursday

Friday

BREAKFAST:

Fruit & Juice
Cereal
Milk

2

LUNCH:

Ropa Vieja e Pollo
Flour Tortilla
Refried Beans
Corn
Fruit
Milk

BREAKFAST:

Fruit & Juice
Bagel w/ cream cheese
and Milk

3

LUNCH:

Arroz Con Pollo Criollo w/ Corn
Plantains
Fruit
Milk

BREAKFAST:

Fruit & Juice
Biscuit w/ jelly
Milk

4

LUNCH:

Empanada
Moro Rice
Mixed Green Salad w/ Dressing
Fruit and Milk

BREAKFAST:

Fruit & Juice
Pancake w/ syrup
Milk

5

LUNCH:

Our Famous Meatballs Marinara
Sun Bun
Broccoli
Fruit and Milk

BREAKFAST:

Fruit & Juice
Scrambled Egg
Sliced Bread
Milk

6

LUNCH:

Pizza
Steam Carrots
Fruit and Milk

BREAKFAST:

Fruit & Juice
Cereal And Milk

9

LUNCH:

Chicken Parmesan Sandwich
w/ Sliced Bun
Steam Carrots
Fruit and Milk

BREAKFAST:

Fruit & Juice
Cinnamon Bread w/ Butter
Milk

10

LUNCH:

Special Turkey Taco
Nacho Chips
Refried Beans
Lettuce
Fruit and Milk

BREAKFAST:

Fruit & Juice
Pancake w/ syrup
Milk

11

LUNCH:

Beefaroni
Cold Broccoli w/ Dressing
Garlic Bread
Fruit and Milk

BREAKFAST:

Fruit & Juice
Cheese Slice
English Muffin w/ butter
Milk

12

LUNCH:

Chicken Tender & Roll
Salad w/dressing
Steamed Baby Carrots
Fruit and Milk

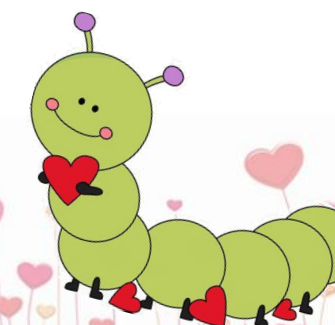
BREAKFAST:

Fruit & Juice
Bread w/ Butter
Egg Patty
Milk

13

LUNCH:

Pizza
Corn
Fruit and Milk



Monday

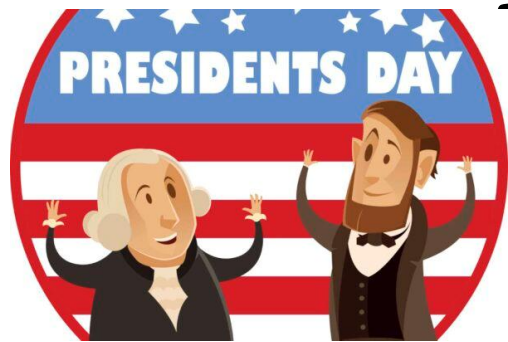
Tuesday

Wednesday

Thursday

Friday

16



BREAKFAST:

Fruit & Juice
English Muffin w/ butter
Milk

LUNCH:

Cheeseburger w/ ketchup
Hamburger Bun
Sliced Carrots
Fruit and Milk

17

BREAKFAST:

Fruit & Juice
Waffle w/ syrup
Milk

LUNCH:

Lasagna in Bolognese sauce
Broccoli
Corn
Garlic Bread
Fruit and Milk

18

BREAKFAST:

Fruit & Juice
Sliced Bread
Scrambled Egg and Milk

LUNCH:

Meat Balls in Marinara
Brown Rice
Peas and Carrots
Fruit and Milk

19

BREAKFAST:

Fruit & Juice
Pancake w/ syrup
Milk

LUNCH:

Pizza
Mixed Green Salad w/ Dressing
Fruit and Milk

20

BREAKFAST:

Fruit & Juice
Cereal
Milk

LUNCH:

Chicken Nuggets w/ ketchup
Brown Rice
Steamed Carrots
Fruit and Milk

23

BREAKFAST:

Fruit & Juice
Biscuit w/butter & jelly
Milk

LUNCH:

Mac & Cheese
Mixed Green Salad w/ Dressing
Fruit
Milk

24

BREAKFAST:

Fruit & Juice
Fritata
Sliced Bread
Milk

LUNCH:

Baked Lemon Butter Fish
Brown Rice
Split Pea
Steamed Carrots
Fruit & Milk

25

BREAKFAST:

Fruit & Juice
Waffle w/ syrup
Milk

LUNCH:

Grilled Chicken Strips
Soft Taco
Refried Beans
Roasted Vegetables
Fruit and Milk

26

BREAKFAST:

Fruit and Juice
Pancake w/ syrup
Milk

LUNCH:

Pizza
Corn
Fruit and Milk

27

